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**Breaking the Silence**-Diane Chamberlain
2012-08-15 A Father's Dying Wish. A Husband's Shocking Suicide. A Daughter's Inexplicable Silence. Laura Brandon's promise to her dying father was simple: to visit an elderly woman she'd never heard of before. A woman who remembers nothing—except the distant past.

Visiting Sarah Tolley seemed a small enough sacrifice to make. But Laura's promise results in another death. Her husband's. And after their five-year-old daughter, Emma, witnesses her father's suicide, Emma refuses to talk about it—to talk at all. Frantic and guilt ridden, Laura contacts the only person who may be able to help. A man she's met only once—six years before. A man who doesn't know he's Emma's real father. Guided only by a child's silence and
an old woman's fading memories, the two unravel a tale of love and despair, of bravery and unspeakable evil. A tale that's shrouded in silence...and that unbelievably links them all.

**Breaking The Silence**-Diane Chamberlain 2011-11-01 Laura Brandon's promise to her dying father was simple: to visit an elderly woman she'd never heard of before. A woman who remembers nothing– except the distant past. Visiting Sarah Tolley seemed a small enough sacrifice to make. But Laura's promise results in another death. Her husband's. And after their five-year-old daughter, Emma, witnesses her father's suicide, Emma refuses to talk about it to talk at all. Frantic and guilt ridden, Laura contacts the only person who may be able to help. A man she's met only once– six years before. A man who doesn't know he's Emma's real father. Guided only by a child's silence and an old woman's fading memories, the two unravel a tale of love and despair, of bravery and unspeakable evil. A tale that's shrouded in silence and that unbelievably links them all.

**Breaking the Silence**-Anees Jung 1997 Culled From Hundreds Of Interviews And Remarkable Encounters, This Book Is An Extraordinary Testament To The New Empowerment Of Women Around The World.

**Breaking the Silence**-Linda Goldman 2014-06-11 The second edition of this bestselling book is designed for mental health professionals, educators, and the parent/caregiver, this book provides specific ideas and techniques to work with children in various areas of complicated grief. It presents words and methods to help initiate discussions of these delicate topics, as well as tools to help children understand and separate complicated grief into parts. These parts in turn can be grieved for and released one at a time. A new chapter is included, called "Communities Grieve: Involvement with Children and Trauma." It includes information on The
Taiwan Earthquake and how the community worked with children, a school bus accident in which 36 elementary school children witnessed the death of the bus driver that was driving and how the school system worked with these children and their families; a boy who was running on a cross country team and got hit by a car, which was witnessed by teammates; and how a non-profit community grief agency worked with family, school, and community. The last study is from the Oklahoma bombing and the outgrowth of a place for the traumatized children and how they still work with kids and family today. This chapter then contains new activities to work with traumatized grieving children. The new edition also includes updated resources, books, curriculums, websites, hotlines and another new chapter on bullying and victimization issues. The chapter for educators has been expanded, including the coverage of topics such as at-risk students, gay and lesbian issues, and self-injurious behaviors.

**Breaking The Silence**-Diane Chamberlain 2015-10-30 Laura Brandon's promise to her dying father was simple: to visit an elderly woman she'd never heard of before. A woman who remembers nothing—except the distant past. Visiting Sarah Tolley seemed a small enough sacrifice to make. But Laura's promise results in another death. Her husband's. And after their five-year-old daughter, Emma, witnesses her father's suicide, Emma refuses to talk about it...to talk at all. Frantic and guilt ridden, Laura contacts the only person who may be able to help. A man she's met only once—six years before. A man who doesn't know he's Emma's real father. Guided only by a child's silence and an old woman's fading memories, the two unravel a tale of love and despair, of bravery and unspeakable evil. A tale that's shrouded in silence...and that unbelievably links them all.

**Breaking the Silence**-Nancy King 2020-07-01 “Dad, there are things about my childhood I’d like to know.” “I don’t want to talk about it. It
would only hurt your mother.” “But Dad, you’re the only one who can tell me.” “I don’t want to talk about it. It would only hurt your mother.”

Secrets. Lies. Silences. Stories told by parents and their families to protect themselves. A father who defends his wife despite her damage to their daughter’s health and welfare. A mother, shielded by her husband, who perpetuates murderous acts of violence against the daughter, and keeps secret her husband’s sexual “play” with the young girl. And yet ... Nancy King, determined to learn the truth of her childhood and the heartbreaking effects it has had on her adult life, uncovers the secrets. Sees through the lies. Breaks the silence. Empowered by the stories she told herself as a child, she learns to use stories as part of her work as a university professor teaching theater, drama, world literature, and creative expression. Gradually, with the help of body work and therapy, she finds her voice. Says no to abuse and abusers. Reclaims her self and life. Writes a memoir. She climbs mountains. Weaves tapestries. Writes books. Makes friends. Creates a meaningful life. This is her story.

**Breaking the Silence Habit**-Sarah Beaulieu

2020-02-25 Top consultant Sarah Beaulieu offers a five-part framework that enables employees to have difficult but necessary conversations about sexual harassment and violence and develop new, better ways of working together. In the wake of the #MeToo movement, employees and leaders are struggling with how to respond to the pervasiveness of sexual harassment. Most approaches simply emphasize knowing and complying with existing laws. But people need more than lists of dos and don'ts—they need to learn how to navigate this uncertain, emotionally charged terrain. Sarah Beaulieu provides a new skills-based approach to addressing sexual harassment prevention and response in the workplace, including using underdeveloped skills like empathy, situational awareness, boundary setting, and intervention. Beaulieu outlines a five-part framework for having conversations about sexual harassment: Know the Facts; Feel
Uncomfortable; Get Curious, Not Furious; See the Whole Picture; and Embrace Practical Questions. By embracing these conversations, we can break the cycle of avoidance and silence that makes our lives and workplaces feel volatile and unsafe. Grounded in storytelling, humor, and dozens of real-life scenarios, this book introduces the idea of uncomfortable conversation as the core skill required to enable everyone to bring their full talent and contributions to safe and respectful workplaces.

**Breaking the Silence**-Larry O'Loughlin 2001
Something awful has happened to Deco and keeping this terrible secret is tearing him apart.

**Breaking the Silence**-Mariette Hartley 1991-09
The award-winning actress describes her odyssey from her own turbulent childhood, abusive first marriage, and alcoholism through the struggle and joy of building a new life.

**Breaking the Silence**-Bernie Anderson 2007
He Lived a Secret Life for years. A respected pastor, husband, and father, Bernie Anderson battled behind closed doors with pornography and sexual addiction. Exposed to pornography early in life, he was held captive by the addiction until he allowed God to transform his life. It is a problem not often spoken about in the Christian community, yet pornography and sexual addiction are devastating countless Christian homes. To help others avoid it or break free from its stronghold, Anderson tells his personal story of torment, hope, and the God who changes lives. Offering insight, encouragement, and resources, Breaking the Silence boldly reveals the truth about this addiction and how you can protect yourself and your family from the dangers of pornography. Book jacket.

**Breaking the Silence**-Yasuko I. Takezawa 2019-06-30
This book is a unique interpretation of how wartime internment and the movement
for redress affected Japanese Americans. Yasuko I. Takezawa, a Japanese national who has lived in the Japanese American community as well as in the larger American society, has a distinctive vantage point from which to assess the changing meaning of being a Japanese American.

Takezawa focuses on the impact of two critical incidents in Japanese American history—the wartime evacuation and internment of more than a hundred thousand individuals and the redress campaign that resulted in an official apology and reparation payments from the U.S. government. Her book is a moving account filled with personal stories—both painful and joyous—told to her by Nisei and Sansei (second- and third-generation) interviewees in Seattle. Covering the period before, during, and after World War II, Takezawa captures the internal struggles of the Japanese American community in seeking redress. She shows how its members have handled identity crises caused by racial discrimination, evacuation and internment, and the long-prevalent American ideology of the melting pot. She is particularly skillful in comparing the differences between the generations as they sorted out their experiences and reconfirmed their ethnic identity through the redress movement.

**Our Harsh Logic**-Breaking the Silence
2012-09-18 Hundreds of Israeli soldiers speak out about the Palestinian occupation, revealing that their presence is not merely for defense, but also to accelerate the acquisition of Palestinian land and work against an independent Palestinian nation.

**Breaking the Silence**-Anne O. Weatherholt
2008 A handbook on domestic violence from a spiritual perspective, for clergy, parish nurses, and others. A handbook about domestic violence from a spiritual perspective, and the only one of its kind, Breaking the Silence contains important, action-oriented information about domestic violence and its pervasiveness in society. Sections include "myths" about domestic violence; a checklist to determine if a
relationship is potentially violent; clergy resources for counseling, worship, and congregational outreach; rape; information for youth; and pages that can be customized with local and national contact numbers, e-mail addresses, and websites. Also includes questions for discussion and suggestions for using the book for training or as a youth and adult education tool. This resource is limited to adult abuse, as the subject of child abuse is highly specialized and often includes many more laws and involvement from local agencies that will vary from jurisdiction to jurisdiction.

Our Time—Josh Seefried 2012 Our Time marks the end of more than a decade of silence, giving voice to the LGBT men and women who served under “Don't Ask, Don't Tell.” These individuals enlisted knowing that the military would ask them to bury an integral part of themselves and yet joined because of their deep belief that the values of the military were worth the tremendous sacrifice. Our Time shares their stories for the first time, revealing an intimate portrait of military life. Edited by air force officer Josh Seefried, a cofounder of the LGBT active duty military association OutServe, Our Time is a collection of remarkable depth and diversity. We witness the abuse—physical and mental—endured at the hands of fellow soldiers and superiors. We see the hardships faced by their families and partners and feel the pain of the choice between military and self. There are also examples of humanity at its very best: leaders with the courage to support their comrades in the face of tremendous pressure, friendships forged and minds opened, and love that endures the very toughest of odds. Throughout we are reminded of the bravery and selflessness of the men and women who chose to serve our country and defend our liberties while their own freedom was withheld. At once a testament to the wrongs of the policy and a celebration of the good that endured in spite of it, Our Time marks the start of a new era in our national history.
Based on a true story, Breaking the Silence is the winner of many awards, including the Pinnacle and Mom's Choice awards. Pregnant and on bed rest, Joan Eastman writes in her diary as a way to expel the evil memories from her past. The hurdles in Joan's life are high, but she pulls the pieces of her life together for herself and her unborn child.

Breaking the Silence is hailed as "gripping" (People magazine) and "compelling" (USA Today) returns with Police Chief Kate Burkholder called to the scene of a horrific tragedy on a peaceful Amish farm. The Slabaugh family are model Amish farmers, prosperous and hardworking, with four children and a happy extended family. When the parents and an uncle are found dead in their barn, it appears to be a gruesome accident: methane gas asphyxiation caused by a poorly ventilated cesspit. But in the course of a routine autopsy, the coroner discovers that one of the victims suffered a head wound before death—clearly, foul play was involved. But who would want to make orphans of the Slabaughs' children? And is this murder somehow related to a recent string of shocking hate crimes against the Amish? Having grown up Amish, Kate is determined to bring the killer to justice. Because the other series of attacks are designated hate crimes, the state sends in agent John Tomasetti, with whom Kate has a long and complex relationship. Together, they search for the link between the crimes—and uncover a dark secret at work beneath the placid surface of this idyllic Amish community. Chock full of twists and chills and set against the unusual world of the Amish, this series "will delight fans of Chelsea
Breaking the Silence-Yasuko I. Takezawa 1995
A unique interpretation of how wartime internment and the movement for redress affected Japanese Americans.

Breaking the Silence-Ted Barris 2011-10-10
About 25 years ago, Ted Barris began breaking through the silence. Because of his unique interviewing skills, he found that veterans would talk to him, set the record straight and put a face on the service and sacrifice of men and women in uniform.

Breaking the Silence-Fadela Amara 2006-04-28
"The translation of Breaking the Silence allows us, finally, to listen directly to the voices of Muslim women in France. Fadela Amara's book is at once autobiography, an analysis of the degradation of male-female relations in France's working-class suburbs, and an engrossing chronicle of a political movement. Helen Chenut's deft translation and comprehensive introduction shows us complex universe inhabited by young women of North African descent in contemporary France."—Susanna Barrows, author of Drinking: Behavior and Belief in Modern History "This book delivers a timely and evocative corrective to stereotypes of Muslim women. Amara discusses with sensitivity the complex gender position of Muslim women in a Western European country in which the conflict between liberal republican ideals and cultural norms has had particularly violent consequences for women. Chenut's fine translation brings Amara's words to life and her excellent introduction places the Muslim women's movement in the context of the racial and cultural tensions that plague France's banlieues today."—Laura Levine Frader, co-editor, Gender and Class in Modern Europe

Breaking the Silence on Spiritual Abuse-L.
Oakley 2013-10-17 Providing a balance of empirical research and practical concerns, this book explores the definitions and historical context of spiritual abuse, outlines a process model for the different stages of spiritual abuse and includes strategies for therapists working with survivors of spiritual abuse.

**Breaking the Silence** - 1984 Writing by Asian women.

**Chup** - Deepa Narayan 2018


**Breaking the Silence: My Final Forty Days as a Public School Teacher** - M. Shannon Hernandez 2014-08-07 After 15 years in the teaching profession, three gut-wrenching realizations forced M. Shannon Hernandez to recognize that she must leave the career she loved so dearly, or else continue to lose a little piece of her heart and soul every day. You are invited into Hernandez's classroom for the final forty days of her teaching career to understand the urgent need for school reform. This book is not only a love letter to her students, her fellow teachers, and to the reformed public school system she envisions, but also a heartfelt message of hope, encouragement, and self-empowerment for those who feel they are stuck in soul-sucking careers. "Breaking the Silence" is an essential read for each citizen who is seeking a life comprised of more purpose and happiness, as well as parents, teachers, administrators, and policymakers who know our nation's education system is in desperate need of an overhaul.

**Breaking the Silence** - Katie Allen 2011-12 After enduring a horrific childhood, William Jackson...
lives a solitary existence working as a computer programmer from his Minnesota home. His safe routine is blown to pieces when the daily sight of an unknown woman walking her dog sends his heart into a tailspin. Jenny Fitzgerald's love life is at a definite low. Her only potential date in sight is her annoying and creepy coworker, Evan-until a stunning man appears before her like a gift from some kindly sex god. Who is she to turn down what's offered to her on a hunky blond platter? Will and Jenny's friendship develops as their hunger grows into love. Meanwhile, a jealous Evan watches, his rage building until it explodes in a brutal act of violence that tears Jenny's life apart. Will struggles to help her rebuild her courage and sense of self as his own demons and fragile memories threaten their chance at happiness—but perhaps they can learn to heal each other.

**Breaking the Silence of the Lambs**

Jack A. Apsche 2014-10-10 Sequel to "Probing the mind of a serial killer." "Breaking the Silence of the Lambs" is a unique and fascinating story within a story. It is, first, a dark journey into the secret world of the infamous "Silence of the Lambs" serial killer, Gary M. Heidnik. It presents 26 secret letters from Death Row that reveal the truth of how Heidnik made a fortune in the stock market and conducted church services in his living room, while a harem of starving sexual slaves were chained in the cellar beneath their feet. It is also the story of Jack Apsche, Gary Heidnik's psychologist and the recipient of these personal letters, who is prepared to "break the silence of the lambs" by revealing Heidnik's secret letters and his own simultaneous struggle with the dark side.

**Breaking The Silence of Secrecy**

Vonda McLin 2021-01-15

**Breaking the Silence ; Gaffney, T[homas] S[ain]t John ; England, Ireland, Wilson and the War**

Thomas Saint John Gaffney 1930
Breaking the Silence - Laura Prince 2018-12-20
Breaking the Silence covers the long term consequences of unresolved childhood grief. Intended for psychologists, clergy, and therapists and school guidance counselors specializing in treating dysfunctional families, grief counseling for the family, unresolved grief issues, etc. This book is also especially appropriate for students of psychology and death and bereavement courses.

Breaking the Silence - Amber Haehnel 2019-09-16 In her most raw and honest work yet, Amber discusses what life looks like behind the scenes being in a relationship with an addict. The parts no one wants to talk about or share. She sheds the fear of judgement as she tells the real truth behind the mistakes she made, the ugly moments, screaming the word divorce more times than she would like to admit, how the feelings of worthlessness came in to her life, and many more details. She shares the journey to how therapy and finding her own recovery saved her life and her marriage. Amber shares how the work is an inside job both for her and her husband, how it can only start with you. Vulnerably she steps forward to be a voice, an advocate and encourager to others in the same shoes still holding back their own stories. Powerfully, she is breaking the silence one tale, trick and triumph at a time.

Black Canary: Breaking Silence - Alexandra Monir 2020 Includes excerpts from Wonder Woman warbringer, Batman nightwalker, Catwoman soulstealer, and Superman dawnbreaker.

BROKEN Breaking the Silence - Azelene Williams 2015-10-01 I am a survivor of Domestic Violence as a teenager. I was caught up in this relationship for three and a half years. I would like to share my story with the world. I decided to Break the Silence and to Speak-Up for women
and men who are not able to stand up for themselves. Writing this book was not easy, but important to help others.

Breaking the Silence - Latarsha Haughton
2021-10-08 Breaking the Silence is the true story of Latarsha Haughton, founder of Breaking the Silence...Healing the Pain, an organization formed to transform pain into purpose and raise awareness about various forms of abuse. Latarsha shares her story of the years of abuse she suffered at the hands of family members, the most traumatic abuse being suffered at the hands of her biological father. Latarsha shares how she was able to transform the pain of being sexually traumatized for years and becoming impregnated by one of her abusers, to discovering her purpose of creating a community where survivors of sexual trauma would be able to come together to learn self-love and forgiveness. Go with Latarsha as she takes you back to her dark days as a child to how she is now flourishing in life and business. Once she discovered her voice and broke her silence, she hasn't stopped sharing her story with the hope that it will free others to share theirs.

Breaking the Silence - Linda Goldman 2001
First Published in 2002. Routledge is an imprint of Taylor & Francis, an informa company.

Breaking the Silence - Sara Alderman Murphy
1997 Forty years later, Sara Murphy, a key member of the WEC, recounts the rarely told story of these courageous women who formed a resistance movement. With passion and sensitivity, she reconstructs the challenges and triumphs of that battle, which issued from the mutual link Southern white women shared with disfranchised African Americans in their common goal for full citizenship.

Breaking the Silence: Why Opening Up about Your Sex Life Is the Best Medicine for Your Health, Relationships, and Overall
Breaking the Silence-Putu Oka Sukanta 2014
Edited by former political prisoner Putu Oka Sukanta, this is a collection of accounts from people around the Indonesian archipelago who experienced the violence of 1965-1966. Fifteen witnesses - from the regions of Medan, Palu, Kendari, Yogyakarta, Jakarta, Bali, Kupang, and Sabu Island - share their stories of how they navigated this horrifying period of Indonesian history and how they have lived with this past. The book is based on life history interviews with ordinary people - teachers, artists, women's activists, and policemen - whose lives were turned upside down when atrocious attacks and heinous killings occurred against those who were considered to be supporters of the Indonesian Communist Party. These accounts - including one from a perpetrator who is now tormented by guilt, and from survivors who still feel isolated and rejected by society - show how the violence continues to influence Indonesian society. The book will be a valuable resource for students of history, of Indonesia, and for people wanting to understand the impact of this shocking violence. (Series: Herb Feith Translation)

Breaking the Silence-Stephen P. Hinshaw 2008-01-08 People with mental illness are often stigmatized, both in the U.S. and around the world. Paradoxically, many in the mental health professions are themselves the source of a great deal of such stigma. Theoretical models in psychology and psychiatry have often blamed family members for causing mental illness, and too many practitioners and scientists hold to "us versus them" attitudes, showing extreme reluctance to admit personal and family experiences of mental illness. In Living with Mental Illness, mental health professionals and scientists, ranging from newly trained individuals to seasoned clinicians and researchers, tell their own and their families' stories of mental disorder, providing an unprecedented level of honesty and disclosure. The volume
presentsmoving and inspiring narratives of serious mental disorder in individuals who have decided to focus their careers on mental illness in others. The editor, who has previously disclosed his own family's struggles with his father's lifelong, misdiagnosed bipolar disorder, utilizes his own experiences to integrate, synthesize, and provide perspective on these revealing contributions. Through both personal narratives and accounts of parents, siblings, or offspring, the contributors convey the serious impairments that can accrue to those with mental illness, the strength and courage that emanate from such experiences, and the ways in which these experiences have contributed to their own decisions to enter the mental health field. Providing a humanizing portrayal of mental disorder, this volume will be indispensable reading for those in the mental health professions, trainees across many related fields, family members, persons contending with mental illness, and all those who wish to know more about the effects of mental illness on our society. Its stark stories of pain and impairment, and its clear messages of hope and courage, will inspire those working in the mental health professions, as well as their clients, for years to come.